

# Routine

## Lesson One: Introduction



- Grow and Learn with AM (Gee Dee Creative) -

# You are welcome!

How are you doing? Use the weather to describe how you are feeling and why?



Hot



Cold







Warm



Sticky

# Routine – What is Routine?

-  Who knows the word routine?
-  What is the meaning of routine?
-  Do you have a routine?
-  Why is it important to have a routine?

# Let's watch a video on Routine

## Routine One. Introduction to Routine








# Let's look at Daniel's Routine



Key Text: Daniel 6:10 (NLT)

But when Daniel learned that the law had been signed, he went home and knelt down as usual in his upstairs room, with its windows open toward Jerusalem. He prayed three times a day, just as he had always done, giving thanks to his God.

# Let's Discuss... Daniel 6

-  What is the story about?
-  How would you describe the administrators and the officers who made the law?
-  How would you describe Daniel?
-  What was Daniel's routine & Why was this routine important to him?
-  What would you have done if you were Daniel?

# Let's create Our Routine

This is a routine you can follow

- 1) Read your bible
- 2) Pray
- 3) Be kind
- 4) Be helpful
- 5) Be thankful

# Let's Practice (Activities)

- ✓ Coloring sheet – Dan 6:10
- ✓ Bible verse coloring words – Daniel 6:10



## ✓ Word search

1. BIBLE
2. CARE
3. GROW
4. READ
5. HELP
6. OVER
7. YOUR
8. EVERY
9. DAY
10. TEN
11. SIX
12. PRAY
13. LOVE
14. LIST
15. KIND
16. TIMES

H	V	R	E	N	R	Y	L	Y	W	T	A	V	O
L	A	K	S	O	U	U	E	O	Y	B	D	I	S
I	I	I	P	E	D	T	V	H	V	O	A	O	D
S	L	N	R	Y	B	I	B	L	E	E	E	C	L
T	A	D	P	T	S	I	R	O	I	E	R	V	D
A	E	T	Y	O	L	T	U	E	Y	C	T	E	L
R	E	R	A	R	E	D	E	O	D	Y	A	D	S
I	L	D	E	V	L	R	V	N	S	H	E	G	I
E	D	C	E	P	A	E	P	B	R	L	R	R	I
V	A	R	E	L	R	N	R	K	B	P	U	O	U
A	Y	D	G	E	T	I	M	E	S	E	O	W	X
I	Y	A	Y	H	B	I	R	Y	X	C	Y	C	C
S	E	A	W	E	R	T	L	C	A	R	E	T	I
Y	A	R	P	A	E	E	H	E	X	I	S	N	T



# Let's Review and Close



What did you learn?



Challenge for week  
(Student Review and  
Practice Sheet)



Let's pray...

Name & Date

## Lesson One: Introduction

### Student Review & Practice

**What is Routine?** Routine is doing something over and over and over again till it becomes a part of you, till it becomes a habit.

**Read.** Daniel Chapter 6

**Memorize Key Verse.** Dan 6:10b - He prayed three times a day, just as he had always done, giving thanks to his God.

**Our Routine.** 1) Read your bible 2) Pray 3) Be kind 4) Be helpful 5) Be thankful

**Life Giver Challenge.** Create your own routine. Keep track of your routine.

Daniel prayed three times a day



What I learned today

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What I will do

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Lesson One/Student

# Thank you all for coming

## See you again next week

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